

All Children Misbehave

- It is important to remember that it is normal for children to have behaviors that are problematic and a challenge to parents.

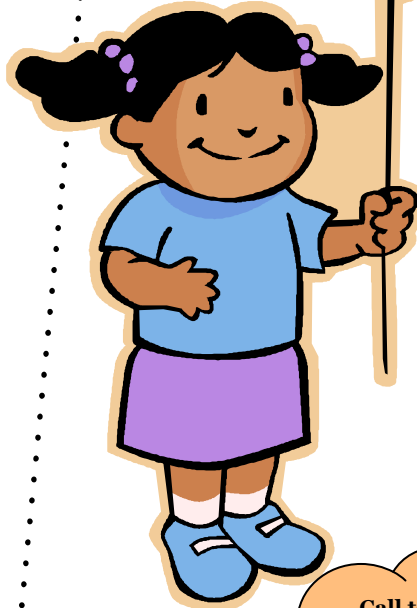
Parenting is Challenging

- Just as all children misbehave, all parents feel angry, frustrated, guilty or incompetent at times. Parents try different approaches and make mistakes in parenting as they learn what works.

Enjoy Parenting

- There is no magic formula for parenting. Yet, you can learn effective strategies, receive support, and enjoy parenting with Incredible Years.

Don't you wish we came with instructions?



Call today for more information on
The Incredible Years Parenting Program!!
330-264-9029

The Counseling Center of Wayne & Holmes Counties

Contact: Sarah Spinney, M.S.S.A.
The Counseling Center of Wayne & Holmes Counties
2285 Benden Drive
Wooster, Ohio 44691

Phone: 330-264-9029
This program is partially funded through the Ohio Children's Trust Fund



The Counseling Center of Wayne & Holmes Counties

Incredible Years Parenting Program

For Parents of Children from 2 to 8 years old

330-264-9029



Incredible Years Parenting Program

What is it?

- ◆ *The Incredible Years* is an award-winning parenting class and child program.
- ◆ The program consists of twelve 2-hour classes.
- ◆ Parents will learn effective use of play, praise, rewards, and limit setting.
- ◆ Parents will collaborate with the facilitator through discussion and video examples.
- ◆ During the parent class, children ages 2-8 will attend "Dinosaur School" where they learn social skills and self-control through the use of puppets.
- ◆ Both parents and children will have "homework" that they will complete each week.



Who Can Participate?

Parents of children ages 2-6 living in Wayne & Holmes Counties or attending a pre-school or daycare center in Wayne & Holmes Counties.

What is the Cost?

\$20 per family to cover the cost of the parent book. Families will receive a \$20 gift card at the end of the program if at least 9 out of 12 sessions are completed.

Transportation may also be available, please call for details.

When?

Please call The Counseling Center regarding our next class.



"I had a great improvement with (my daughter) and I want to thank you for all your help."

Parent, Spring '07 Class

Sign-up Form

If you are interested in attending the next Incredible Years Parent Program, please complete the following form and mail to the address below.

Parent's Name

2nd Parent's Name (if both are attending)

Address

Contact Phone Number

Name of Childcare Center

Ages of children

Check out the Incredible Years web-site at
www.incredibleyears.com

**The Counseling Center of
Wayne & Holmes Counties**

**Contact: Sarah Spinney, M.S.S.A.
The Counseling Center of Wayne
& Holmes Counties
2285 Benden Drive
Wooster, Ohio 44691**

**Phone: 330-264-9029
This program is partially funded
through the Ohio Children's
Trust Fund**