

TREATMENT WORKS! PEOPLE RECOVER!

The Counseling Center is committed to regularly assessing client progress and uses standardized mental health outcomes tools to evaluate individual client progress. At the end of each fiscal year, the Center analyzes this information, looking for trends and patterns. We are pleased to report that in the recently completed fiscal year, our adult clients reported statistically significant improvement in their mental health symptoms, and also in their reported quality of life. In terms of quality of life, improvement was particularly noted in terms of financial status, self-esteem, feelings of personal safety and health satisfaction. In the case of children and youth, both the youth and their parents reported statistically significant improvement in problem severity and in level of functioning. In addition, both parents and youth report significant improvement in their hopefulness about the future.



NEW BOARD OFFICERS

Newly elected officers of the Center's Board of Directors include:

- **William Robertson, Chair**
- **Diane Stromme Mast, Vice-Chair**
- **Mary Ann Goudy, R.N., Secretary and**
- **Robert Metze, Treasurer**

Robertson lives in Rittman, works as a system programmer for IBM and serves as Mayor of the City of Rittman. Stromme Mast, a retired attorney, and Goudy, a retired nurse with experience in long-term care, both live in Millersburg and represent Holmes County on the Board. Metze, who lives in Wooster, is the Manager of Corporate Engineering Services for the J.M. Smucker Co.

STAFF CREDENTIALING

Twenty-nine members of the Counseling Center staff were recently credentialed as Qualified Mental Health Specialists (QMHS.) The QMHS designation is used in public mental health to designate paraprofessional staff who have demonstrated achievement in such areas as: client engagement, service access and crisis de-escalation. Staff completing this training included residential care staff, crisis assistants, and family support aides.

ASSISTING OLDER YOUTH

Deb Brookshire, L.P.C.C., Director of Specialized Children's Services, recently attended a special training session by the Ohio Department of Mental Health focused on building competence in serving older youth with serious mental health issues who need to transition to independent living, but are hampered by their illness. The Counseling Center has identified one children's community support social worker to specifically assist this special population.