

# CENTER UPDATE

JANUARY, 2018

## Welcome Dr. Cooper



*Dr. Ranada Cooper*

Psychologist Ranada Cooper, Psy.D. recently joined the staff of The Counseling Center. Dr. Cooper holds a Bachelor's of Arts degree from Notre Dame College of Ohio, a Master's of Social Work degree from Case Western University, where she served as a research assistant, and a doctorate in Clinical Psychology from the Illinois School of Professional Psychology. She has held several positions in mental health agencies in the Northeast Ohio area, providing outpatient psychotherapy and school-based services. Dr. Cooper works with patients of all ages but especially enjoys work with children and youth. She states she "absolutely loves" conducting psychological evaluations, and we look forward to expanding this service in the near future. Dr. Cooper is accepting patients at our Wooster office.

## Training Benefits Teachers and Children

Jennifer Sanders, Early Childhood Mental Health Consultant, is participating in Dr. Bruce Perry's neurosequential training for educators. Dr. Perry has paved the way for educators to be trauma informed. His philosophy is that knowledgeable adults can help with the ongoing healing process that those exposed to trauma experience on a daily basis. The Neurosequential Model in Education (NME) builds a bridge between child developmental and trauma-informed approaches to the classroom. It is based on the theory that there is a sequential order in brain development that may be interrupted by traumatic events. It provides teachers with techniques to address the issues within the educational setting. Upon completion of the training, Ms. Sanders will be able to train teachers in specific techniques to create safe and enriched environments that will help children feel safe and promote improved functioning and learning.

## A Special Thank You

Thanks to the following staff who participated in bell ringing for the Salvation Army: Bob Wykoff, Brenda Snyder, Jaimie Greenwald, Jennifer Sanders, Bridgette Lempner, Connie Wilhelm, Bonnie Nair, and Dave Stauffer. Your volunteerism and community spirit is appreciated!



*Brenda Snyder, LSW (on left)*