

All Children Misbehave

It is important to remember that it is normal for children to have behaviors that are problematic and a challenge to parents.

Parenting is Challenging

Just as all children misbehave, all parents feel angry, frustrated, guilty or incompetent at times. Parents try different approaches and make mistakes in parenting as they learn what works.

Enjoy Parenting

There is no magic formula for parenting. Yet, you can learn effective strategies, receive support, and enjoy parenting with Incredible Years.



The Counseling Center of Wayne & **Holmes Counties**

Incredible Years Parenting & DINA Program

For Parents of Children from 3 to 7 years old

330-264-9029



Wooster, Ohio 44691

Phone: 877-264-9029 this program is partially funded through the Ohio Children's **Trust Fund**

Incredible Years Parenting & DINA Program

What is it?

- The Incredible Years is an awardwinning parenting class and child program.
- Parents will learn effective use of play, praise, rewards, and limit setting.
- The DINA Program is a small group for children ages 3-7 where they learn social skills and selfcontrol through the use of puppets.

Who Can Participate?

 Parents and their children ages 3-7 living in Holmes county



Have you ever asked yourself?

- How do I stop my child from throwing tantrums?
- ♦ Why won't my child listen to me?
- ♦ Am I disciplining the right way?
- What do I do when my child refuses to cooperate?
- ♦ How can I get my child to clean up?
- My child is hyperactive, what can I expect him to do?

Come to Incredible Years and receive support and answers!



"I had a great improvement with (my daughter) and I want to thank you for all your help."

Parent, Spring '07 Class

What is the Cost?

There is no cost to the family, funding is provided by the Ohio Children's Trust Fund through the Wayne County Family and Children First Council.

Transportation assistance in the form of gas cards is offered, please call for details.

When & Where?

Tuedays from 6-8 pm starting October 4, 2011 for twelve weeks at Wooster United Methodist church

How do I register?

Call Joy at 330-264-9029.

Check out the Incredible Years web-site at www.incredibleyears.com

The Counseling Center of Wayne & Holmes Counties



Contact: Joy Stitzlein, LISW-S The Counseling Center of Wayne & Holmes Counties 2285 Benden Drive Wooster, Ohio 44691

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