The Counseling Center of Wayne & Holmes Counties 2285 Benden Drive Wooster, OH 44691

CENTER UPDATE

MAY, 2012

May is Mental Health Awareness Month

May is designated as Mental Health Month. A good time to consider that:

- Mental illness causes more days of work loss and work impairment than any other chronic condition and that major depression is the leading cause of disability in the United States
- Less than 1/3 of the children with a serious emotional disturbance receive any treatment
- Suicide accounts for more deaths annually than homicide
- The Counseling Center provided mental health services to approximately 3900 local residents in the last year

In recognition of May as mental health month, the Center is conducting its annual fund drive. For more information about how you can support the Counseling Center, contact Susan Buchwalter, President/CEO at (330) 264-9029 or mail your contribution to The Counseling Center, 2285 Benden Drive, Wooster, Ohio, 44691.

STAFF ADDITIONS

Joining the Counseling Center staff in May are: Edmund Dickriede, M.Ed., L.P.C., home-based therapist working with children and youth; Lisa Walter, B.S.S.W., L.S.W., community psychiatric support social worker assisting adults with mental illness who are living in the community; Anna Phillips, B.S.W., L.S.W., who will be working with children with severe emotional disturbance; and Gail Garrod, M.S.W., L.S.W., who will be part of the emergency team providing 24-hour access to psychiatric emergency assistance.

Phone: (330) 264-9029 • Fax: (330) 263-7251

STAFF TRAINING

Karen Berry, Psy.D., Psychologist and Chief Clinical Director, recently provided a training to all clinical staff members at the Center on diagnosing and treating mental illness in the elderly. Of special concern is depression, which impacts about 13% of the older population. In 2009, one elderly person committed suicide every 90 minutes. Males are most at risk.

SERVICE DEMAND

In April, the Center provided over 14,000 units of various mental health services. While new clients requesting general services can be seen quite readily, there is a current wait list for some specialty services including home-based care for youth, community psychiatric support for persons with more severe disorders, and psychiatric medication. Any client who is temporarily placed on a wait list is regularly triaged to assure access as soon as possible.

Check out our website at: www.ccwhc.org