

The Counseling Center of  
Wayne & Holmes Counties  
2285 Benden Drive  
Wooster, OH 44691

# CENTER UPDATE

SEPTEMBER, 2013

## SUICIDE PREVENTION SUCCESS

During the recently completed fiscal year, the Counseling Center focused a fair amount of effort on suicide prevention, especially for teens. As part of this effort, staff provided depression awareness and suicide prevention programs in 8 local high schools and one middle school - reaching 650 teens. As a result of the general programs, and with the permission of parents, 295 of the students were specifically screened resulting in 29 who were recommended for additional professional services. This group included 9 who reported thinking seriously about killing themselves or making a previous attempt. In addition to the focus on teens, staff trained 182 professionals in the QPR (Question, Persuade, Refer) process of suicide awareness.

*Suicide, despite being preventable, is the third leading cause of death for persons aged 15 to 24 and the 11<sup>th</sup> leading cause of death for persons of all ages.*

**The Counseling Center provides 24-hour suicide prevention and crisis intervention services. Staff can be reached at any time by calling any of the Counseling Center's regular office numbers.**



## ENERGY EFFICIENCY GRANT



The Counseling Center has received a grant from the local **Romich Foundation** to update the lighting in the older section of the organization's Benden Drive office building. The grant, combined with a credit from AEP, will allow for the replacement of old style fluorescent lighting and ballasts with updated and energy-efficient bulbs. Work will be completed by Black Electric.

## MEDICATION ASSISTANCE

The Counseling Center's Psychiatric Services program provided psychiatric assessment and psychopharmacological intervention to over 1,900 patients in the last year. This effort included \$700,000 in actual medication or indigent program assistance to help patients who could not otherwise afford their medications. In this effort, the Counseling Center works with an on-site pharmacy to assist patients in securing and appropriately using their medication. Genoa pharmacy staff are able to bubble pack medications for patients that struggle with appropriately taking their own medications, provide delivery for local persons who do not have transportation to the pharmacy, and notify Center staff when refills are due but have not been filled. According to Center CEO Susan Buchwalter, "our partnership with Genoa has been a real blessing to those of our clients who need medication to control their symptoms."

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Check out our website at: [www.ccwhc.org](http://www.ccwhc.org)

*The Counseling Center is supported by the Mental Health & Recovery Board, United Way, insurance, grants and patient fees*