

Center Update

March 2019

The Counseling Center of Wayne and Holmes Counties • 2285 Benden • Wooster, OH 44691

ONCE AGAIN, THE COUNSELING CENTER RECEIVES NATIONAL AWARDS

For the third year in a row, The Counseling Center was awarded the Recognition of Best Practices for achieving the highest level of satisfaction among those who make referrals for behavior health services. Karen Berry, CEO, was presented the award at the annual meeting of the Mental Health Corporation of America in February. The Counseling Center also received, as it did last year, the award for Overall Best Practices for achieving the highest level of client satisfaction in provision of behavioral health services among organizations offering five to seven categories of service. Berry congratulated staff for this accomplishment and thanked them for delivering quality services that benefit many members of the community.



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COLLABORATION WITH BeST CENTER CONTINUES TO BENEFIT PATIENTS

The Counseling Center has entered its third year of successful collaboration with the Northeast Ohio Medical University's (NEOMED) Best Practices in Schizophrenia Treatment (BeST) Center. The collaboration involves intensive and on-going training of therapists, case managers, and certified nurse practitioners in the Cognitive Behavioral Therapy for psychosis (CBT-p) model, which is an evidence-based approach to treating individuals with schizophrenia. The model emphasizes strategies to help individuals adapt to and manage symptoms beyond the use of medications only. The BeST Center has trained seven therapists, twelve case managers, and two nurse practitioners at the Counseling Center to date. The Counseling Center administration is committed to continuing the program and the CBT-p Team is planning an updated live training with the NEOMED faculty on the specifics of obtaining and integrating meaningful outcome measures for CBT-p in March of 2019.

ATTENTION ALL WALKERS!

Each year, NAMI of Wayne and Holmes Counties holds a Walk for Wellness to support their educational and recovery programs that benefit individuals with mental illness. The 2019 Walk will be on Saturday, May 18 at 8:30 a.m. at Secrest Auditorium. The Counseling Center's Wellness Committee is sponsoring a team and all are invited to participate. If you would like more information, or to sign up for our team, contact Cynthia McIntire at 330-264-9029 ext. 1116.

Phone: 330-264-9029 • Fax: 330-263-7251

Check out our website at: www.ccwhc.org

The Counseling Center is supported by the Mental Health & Recovery Board, United Way, insurance, grants and patient fees