

# Center Update

May 2018

The Counseling Center of Wayne and Holmes County • 2285 Benden • Wooster, OH 44691

## *Presentation at the Trauma Informed Care Summit*



*Dr. Jacquelyn Kraps*

Dr. Jacquelyn Kraps, Vice President/Chief Clinical Officer of The Counseling Center, and Dr. Shellie Russell, Medical Director of The Wayne County Children's Advocacy Center, were recently selected to present a workshop at the Fifth Annual Trauma Informed Care Summit. The Summit is a statewide conference focused on trauma-related expertise and it is sponsored by the Ohio Dept. of Mental Health and Addiction Services and the Ohio Department of Developmental Disabilities. This year's theme is *Creating Environments of Resiliency and Hope in Ohio*. The workshop is entitled *The Building Blocks of a Trauma-Informed Community Network* and the description is as follows: This interactive presentation will explore the process of developing a trauma-informed and resiliency-minded community network. Using several other county, state, and national TIC initiatives as our guide, Wayne County has launched a local network of educators, pediatricians, psychologists, and others who share a passion for trauma-competent care. Participants will understand

the need and urgency for these types of networks as a means to build upon the foundation of trauma-informed care and to develop active, comprehensive systems of truly effective care.

There will be a focus on the connection between mental and physical health and how health care providers in both fields can collaborate for the benefit of our communities. Participants will discover and discuss a variety of tools, including screening tools, to provide the highest quality of care to families and create continuity among all of the available services that foster resiliency. Towards the end of the presentation, participants will have the opportunity to practice ways to approach sensitive topics in schools, doctor's offices, and other places where traumatized children and families seek support. They will also evaluate their own communities' capacities for developing greater trauma competence.

## *May is Mental Health Awareness Month*

Since 1949, May has been observed as National Mental Health Awareness Month. Each year millions of Americans face the reality of living with a mental health condition. We know that 50 percent of Americans will meet the criteria for a diagnosable mental health condition sometime in their life, and half of those will develop conditions by the age of 14. Today, more people die from suicide in the United States than from traffic accidents or homicides, and 22 veterans are lost to suicide daily.

In 2013, President Obama proclaimed May as *Mental Health Awareness Month*. It is a time to break through the stigma associated with mental illness, provide support, education, and advocacy and bring the issue of mental health to the forefront of our thoughts.

## *Annual Fund Drive Underway*

In recognition of May is Mental Health Awareness Month, the Center is conducting its annual mail-based fund drive. If you would like to support the work of the Center, which provided services to over 4,000 persons in the last year, you can mail your contribution to:

The Counseling Center  
2285 Benden Drive  
Wooster, OH 44691

Phone: 330-264-9029 • Fax: 330-263-7251

Check out our website at: [www.ccwhc.org](http://www.ccwhc.org)

*The Counseling Center is supported by the Mental Health & Recovery Board, United Way, insurance, grants and patient fees*