

Center Update

May 2019

The Counseling Center of Wayne and Holmes Counties • 2285 Benden • Wooster, OH 44691

MAY IS MENTAL HEALTH AWARENESS MONTH

On May 9, the Wayne County Commissioners issued a proclamation for May is Mental Health Awareness Month. Most of us know someone with a mental illness but may not know the reality and far reaching impact of mental illness in our country:

- Approximately 20% of adults (46.6 million) in the United States experience mental illness in a given year.
- Over 20% of youth aged 13-18 experience a severe mental disorder at some point during their life. For children aged 8-15, the estimate is 13%.
- 1.1% of adults live with schizophrenia, and 2.6% live with bipolar disorder in our country.
- Sixteen million adults had at least one major depressive episode in the past year.
- 18.1% of adults experienced an anxiety disorder.
- 50.5% of adults (10.2 million) who experienced a substance use disorder also had a co-occurring mental illness.
- Half of all chronic mental illness begins by age 14.
- Only 41% of adults with a mental health condition received mental health services in the past year; just over half of children aged 8-15 with a mental health condition did.
- Serious mental illness costs the U.S. \$193.2 billion in lost earnings per year.
- Adults in the U.S. living with serious mental illness die on average 25 years earlier than others, largely the result of treatable medical conditions.

Help for mental health conditions is available at the Counseling Center. Crisis intervention services are available 24 hours a day/7 days a week. Please call **330-264-9029** if you need help.



Mental health care providers and representatives gathered at the Wayne County Commissioners meeting room to receive a proclamation for National Mental Health Awareness Month.

Phone: 330-264-9029 • Fax: 330-263-7251

Check our website at: www.ccwhc.org

The Counseling Center is supported by the Mental Health & Recovery Board, United Way, insurance, grants and patient fees