

Center Update

September 2019

The Counseling Center of Wayne and Holmes Counties • 2285 Benden • Wooster, OH 44691

TCC WELCOMES NEW VP/CHIEF CLINICAL OFFICER



*Dawn Carter, LPCC-S, LICDC-CS,
Vice President/Chief Clinical Officer*

The Counseling Center is pleased to announce that Dawn Carter has been appointed as Vice President/Chief Clinical Officer, succeeding Jacquelyn Kraps, who relocated out of state. Carter, who is a Licensed Professional Clinical Counselor with Supervisory Designation, as well as a Licensed Independent Chemical Dependency Counselor with Supervisory Designation, holds a Bachelor of Arts degree from Carson-Newman University, a Master of Arts degree in Community Counseling from the University of Akron, and an Educational Specialist degree from Kent State University. She previously was Clinical Director of Child Guidance & Family Solutions in the Akron area and also served as adjunct faculty at both the University of Akron and Kent State University. In her new role, Carter will be responsible for the oversight of the Counseling and Psychotherapy Program, the Specialized Children's Programs, and Crisis Intervention Services. She will also be responsible for Quality Assurance. Carter has a passion for high quality clinical work and assuring access to needed services. She also has a strong interest in staff development and hopes to assist staff in developing and refining their clinical skills as well as increasing their understanding of the behavioral health environment.

SEPTEMBER IS NATIONAL SUICIDE PREVENTION MONTH

Do you know the risk factors and warning signs of suicide? What should you do if someone you know talks about suicide? How do you access help? The Counseling Center offers education on these topics and intervention in a psychiatric emergency. Risk factors for suicide include a mental health condition or serious medical illness, past suicidal behavior, family history of suicide, intoxication/substance abuse, recent loss or tragedy, trauma history, and access to firearms. Be alert to warning signs such as withdrawal from friends and family, mood swings, aggressive/problem behaviors, and feelings of hopelessness. Particularly note suicidal behaviors such as giving away possessions, paying off debts, saving pills or buying weapons, and saying goodbye to others. Encourage expression of feelings, remain calm, and allow discussion of suicidal thoughts. Seek professional help—reach TCC's Crisis Intervention staff (available 24/7) at **330-264-9029**, call 911, or contact the National Suicide Prevention Lifeline at 800-273-8255.

Phone: 330-264-9029 • Fax: 330-263-7251

Check our website at: www.ccwhc.org

*The Counseling Center is supported by the Mental Health & Recovery Board, United Way,
insurance, grants and patient fees*