

The Counseling Center of
Wayne & Holmes Counties
2285 Benden Drive
Wooster, OH 44691

CENTER UPDATE

AUGUST 2013

NEW PSYCHIATRIC STAFF

The Counseling Center's Psychiatric Services program is pleased to announce that Susan Yund, M.S.N., Board Certified Psychiatric Nurse Practitioner, will be joining the staff this month as an Advanced Practice Nurse with prescriptive authority. Ms. Yund, who is also a Board Certified Emergency Nurse, was most recently employed at the Ohio Hospital for Psychiatry in Columbus where she provided services on the Crisis Stabilization Unit, the Dual Diagnosis Unit and the Partial Hospitalization unit. She has previous experience working with the elderly psychiatric population, and has served as an adjunct professor in the nursing program at Walsh University. Ms. Yund has given numerous community presentations on such topics as: dementia, hoarding behavior, and depression in women.

TREATMENT WORKS!

The Counseling Center regularly tracks the impact of its services in order to make sure that patients are getting treatments that work. In the most recently completed fiscal year, adult patients were surveyed at the start of treatment and later in their care and results were compared. Regardless of the specific services which each patient utilized, there was a statistically significant improvement in reported symptom distress. In other words, people improved and the improvement was large enough that it was not likely to be just a result of chance changes. Even more impressive is that the same level of significant improvement was found across all age groups. Patients also reported associated statistically significant improvement in their reported quality of life and in their financial quality of life.



PEOPLE RECOVER!

In addition to counseling and treatment services for the general public, the Counseling Center also provides supportive services to persons with more severe forms of mental illness – illnesses that persist over time and can impair a person's ability to live successfully in the community. During the recently completed fiscal year, patients in the Center's adult community psychiatric supportive treatment program demonstrated improved social contact, improved social interaction, improved social support, and improved housing stability.

INPATIENT HOSPITAL USE

The Counseling Center is charged with screening any local resident who may require admission to a public psychiatric hospital. In addition, the staff of the Center's 24-hour crisis intervention program work with local hospital emergency rooms and law enforcement to screen and arrange admissions to private psychiatric care, when needed. In the last six years, the Center has facilitated over 2,700 public and private inpatient admissions to 45 different facilities. The average length of stay, across all facilities, was 8 days. Facilities with more than 100 admissions included the public psychiatric hospital in Massillon, along with Barberton Summa, Akron General, and St. Thomas.

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Check out our website at: www.ccwhc.org

The Counseling Center is supported by the Mental Health & Recovery Board, United Way, insurance, grants and patient fees