

The Counseling Center of
Wayne & Holmes Counties
2285 Benden Drive
Wooster, OH 44691

CENTER UPDATE

December, 2012



Mental Health Incidence Report

The federal Substance Abuse and Mental Health Services Administration (SAMHSA) has released their Mental Health Findings report and again note that in 2011 the incidence of mental health problems remained at 20% of the population. It was noted that the rate of mental illness was highest among young adults, who experienced problems at almost twice the rate of those over 50. The report also noted that an estimated 8.5 million American adults (3.7%) had serious thoughts of suicide in the past year, while 1% made suicide plans and .5% actually made a suicide attempt. In the case of our local Wayne and Holmes community, this would translate to over 5,000 persons who experienced serious thoughts of suicide at least once in the past year.

Suicide Prevention

With assistance from the Margaret Clark Morgan Foundation, two Counseling Center staff members have been trained as trainers in the QPR approach to suicide prevention. QPR stands for Question, Persuade and Refer. The goal of the program is to train community members to recognize the potential for suicide and make referrals to local community resources. To date, Center staff have trained approximately 85 persons. Trainers include: **Mark Weaver, LPCC, Director of Community Education and Prevention** and **Ryan Murphy, LPCC, Director of Emergency Services**. Interested community groups can arrange presentations by contacting either trainer at the Counseling Center's main office (330-264-9029).

Staff Addition

The Counseling Center welcomes **Katelyn Stenger, RN, APN**, as the new Director of Psychiatric Services. In this position, Stenger will oversee the Center's psychiatric program and also provide psychiatric assessment and psychopharmacological management services to referred patients.

Staff Recognition

Susan Buchwalter, Ph.D., President/CEO of the Counseling Center was recently recognized by the Ohio Psychological Association as the Public Sector Psychologist of the Year. Buchwalter has been the President/CEO of the Center for over 30 years.

Grant Received

The Counseling Center's Children's program has received a \$500 grant from the McDonald's Corporation to purchase supplies and materials for program use in the coming year.

Phone: 330-264-9029 * Fax: 330-263-7251

Check out our website at: www.ccwhc.org

The Counseling Center is supported by the Mental Health & Recovery Board, United Way, insurance, grants and patient fees