

## Goals of the Program:



- To help parents move on from a marital/couples relationship to a new partnership: **Co-parenting**
- To make sure both parents are exposed to the same research-based information about challenges that can arise in kids after divorce
- To prepare parents to take care of themselves and their kids during this period of

**The divorce decision is behind you; a new family life is ahead of you.**

## Helping Children Succeed after Divorce

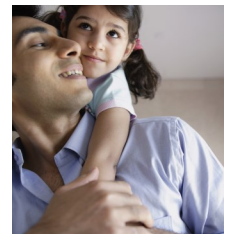


The Counseling Center of Wayne & Holmes Counties  
2285 Benden Drive

Instructor: Jim Foley, MSW, LISW-S  
Reigster: 330-264-9029  
Questions: Jim Foley,  
330-264-9029 x1173

# Helping Children Succeed after Divorce

A project and curriculum of The Nationwide Children's Hospital



The Counseling Center of Wayne and Holmes Counties

(330) 264-9029 [www.ccwhc.org](http://www.ccwhc.org)



During and after divorce or dissolution, kids may have various reactions:

- Becoming aggressive toward siblings, defiant toward adults.
- Withdrawing from people or activities..
- Regressing in their behavior and coping skills.

**Parenting challenge:** to see the emotions behind the behaviors, and help your kids express those feelings safely and appropriately.

## What is this class?

For parents going through a divorce or dissolution, and others trying to strengthen a coparenting relationship or cope with family changes. Your instructor, Jim Foley, will lead you through a Nationwide Children's Hospital curriculum about issues that can arise for kids and families after divorce.

## Where and when?

Location: The Counseling Center of Wayne and Holmes Counties, 2285 Benden Drive, Wooster 44691.

There will be one morning session (9:00 am to noon) each month, on Monday or Friday, and one evening (6:00 pm to 9:00 pm) per Month, almost always on Thursdays.

To find about next month's classes, and **to register:** Call the Counseling Center, 330-264-9029. The



## What participants say about the "Divorce Class"

- "I like the suggestion to think of my "ex" as my "co-parent;" I feel ready to focus on the future more than the past."
- "I feel more confident, ready to handle my kids' reactions."
- "It was helpful to talk about things from the kids' perspective; I will try to see the emotions in their behaviors."
- "Easy to follow. Thanks!"



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