

The Counseling Center of
Wayne & Holmes Counties
2285 Benden Drive
Wooster, OH 44691

CENTER UPDATE

JUNE 2012

SELECTED FOR SPECIALIZED TRAINING

Joy Stitzlein, LISW, Director of Community Education and Prevention Services, will be attending a weeklong training devoted to Mental Health First Aid. Mental Health First Aid was developed at the University of Melbourne, in Australia. In the United States, training is sponsored by the National Council for Community Behavioral Healthcare. Mental Health First Aid is an evidence based practice that has been replicated in 14 countries. Since its introduction in this country, it is estimated that over 30,000 people have been trained. Stitzlein will be trained to offer the course in the local community. Participants will learn to identify different types of mental illness and how to respond appropriately. According to Bryan Gibb, the director of public education for the National Council, "We often train to know CPR or the Heimlich maneuver; but the reality is that we are much more likely to come into contact with someone in an emotional crisis than someone suffering a heart attack or choking in a restaurant." Stitzlein's training is supported by Community Action of Wayne and Medina Counties. Once the training is completed, she will be available to offer the training to interested groups.

CASELOAD REMAINS HIGH

As of the end of May, the Counseling Center's active caseload included 2,823 different individuals. There were 191 new admissions during the month.

CERTIFICATION RENEWED

The Counseling Center's certification by the Ohio Department of Mental Health has been successfully renewed for an additional three year term. The certification covers offices in Wooster, Orrville, Millersburg and Rittman; and well as the Center's five residential locations.

RETIRING BOARD MEMBERS HONORED

Three members of the Counseling Center's Board of Directors will end their service this month. Completing two full terms as members are **John Cook**, CPA, of Cook, Long and Samsa and **Steve Nichols**, Director of Development at CACI. Both represent the Wayne County community. Holmes County representative **Renee Woods** will also leaving the board. Woods is an administrator with the West Holmes Local Schools. Members were honored at the Counseling Center's annual Board and management dinner this month.

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Check out our website at: www.ccwhc.org

The Counseling Center is supported by the Mental Health & Recovery Board, United Way, insurance, grants and patient fees