

The Counseling Center of
Wayne & Holmes Counties
2285 Benden Drive
Wooster, OH 44691

CENTER UPDATE

MAY, 2014

May is Mental Health Awareness Month

May is designated as Mental Health Month. A good time to consider that:

- ◆ Mental illness causes more days of work loss and work impairment than any other chronic medical condition
- ◆ Major depression is the leading cause of disability in the United States
- ◆ Suicide accounts for more deaths annually than homicide

However, new medications combined with appropriate therapy and rehabilitation can lead to successful disease management and recovery. In general, the treatment success rate for depression is over 80%, for panic disorder it is 70% to 90% and for schizophrenia about 60%. On the other hand, the typical treatment success rate for heart disease is only 40% to 50%. Mental health treatment works!



A GREAT PLACE TO WORK

The Counseling Center recently completed a staff satisfaction survey and is pleased to note that 95% or more of the organization's staff members believe that the Counseling Center is a good place to work, enjoy the kind of tasks that they have to perform in their job, feel a sense of accomplishment, have supervisors that are willing to listen to their problems and are enthusiastic about their work. "These results are impressive considering that a recent Career Builder survey noted that only 61% of surveyed workers reported being generally satisfied with their jobs," noted Susan Buchwalter, President/CEO. "It is a credit to our staff and managers that, despite working in a high stress and relatively low pay industry, they remain committed to helping our patients achieve the highest levels of recovery."

EMPLOYMENT SERVICES MEANS JOBS

So far this year, the Counseling Center's Supported Employment Service has found competitive employment for 37 individuals with various mental health disabilities. When combined with appropriate treatment, each dollar invested in this program has returned approximately \$2 in earned wages to the local community and reduced patient reliance on public support. Good treatment makes financial sense.

ANNUAL FUND DRIVE UNDERWAY

In recognition of May as mental health month, the Center is conducting its annual mail-based fund drive. If you would like to support the work of the Center, which served over 4,000 persons in the last year, you can mail your contribution to **The Counseling Center, 2285 Benden Drive, Wooster, OH 44691.**

Phone: (330) 264-9029 • Fax: (330) 263-7251

Check out our website at: www.ccwhc.org

The Counseling Center is supported by the Mental Health & Recovery Board, United Way, insurance, grants and patient fees