

The Counseling Center of
Wayne & Holmes Counties
2285 Benden Drive
Wooster, OH 44691

CENTER UPDATE

MAY, 2016



Sally Zimmerman (L) Barbara Donaho (R)

Congratulations to Sally Zimmerman, MSN, CNP, who was honored by Kent State University. In April, she received the Kent State University *Barbara Donaho Distinguished Leadership in Learning Award*. Sally has served as the preceptor to Mark Dal Pra. Mark, a former case manager at The Counseling Center, is currently an intern at the Center. He is a student in the master's nursing program at Kent State. Congratulations Sally!

CANS Training

On April 5 & 6, David Coleman, Ph.D. and Tara Willis, LPCC-S attended training on Transformational Collaborative Outcomes Management with Children and Adolescents (TCOM). The training was sponsored by Wayne County Probate & Juvenile Court, in collaboration with the Wayne County Family & Children First Council, and the Mental Health & Recovery Board of Wayne & Holmes Counties. Training was provided by Mark Lardner, MSW, LCSW-C, University of Maryland School of Social Work, for using the Child & Adolescent Needs & Strengths (CANS) rating scale to promote planning and oversight among child-serving agencies in Wayne County.

The CANS assessment tool is intended to be administered collaboratively with professionals, children and their families for supporting meaningful service planning and promoting better outcomes where potential family disruptions are identified. The use of a common assessment tool among community partners will more effectively communicate the level of care needs of multi-system youth for creating a coordinated care plan, while tracking the progress made over time. Approximately 50 professionals from local organizations including Wayne County Juvenile Court, Wayne County DJFS, Wayne County Board of Developmental Disabilities, Wooster City Schools and the Counseling Center attending the training.

“May is Mental Health Month”

Since 1949, May has been observed as National Mental Health Awareness Month. Each year millions of Americans face the reality of living with a mental health condition. We know that 50 percent of Americans will meet the criteria for a diagnosable mental health condition sometime in their life, and half of those will develop conditions by the age of 14. Today, more people die from suicide in the United States than from traffic accidents or homicides, and 22 veterans are lost to suicide daily.

In 2013, President Obama proclaimed May as *Mental Health Awareness Month*. It is a time to break through the stigma associated with mental illness, provide support, education, and advocacy and bring the issue of mental health to the forefront of our thoughts.

Annual Fund Drive Underway

In recognition of May is Mental Health Awareness Month, the Center is conducting its annual mail-based fund drive. If you would like to support the work of the Center, which provided services to over 4,000 persons in the last year, you can mail your contribution to:

The Counseling Center
2285 Benden Drive
Wooster, OH 44691

Phone: (330) 264-9029 • Fax: (330) 263-7251

Check out our website at: www.ccwhc.org

The Counseling Center is supported by the Mental Health & Recovery Board, United Way, insurance, grants and patient fees