

## **MOBILE YOUTH STABILIZATION SERVICE CLINICIAN**

### **GENERAL DUTIES:**

Actively provide a prompt structured community based, in-person, intervention and support service for youth and families that have been identified as in-need of stabilization. This will include addressing situations in which young people and their families are experiencing emotional symptoms, behaviors, or traumatic circumstances that compromise or impact their ability to function within their family, living situation, school, or community.

### **SPECIFIC DUTIES:**

1. Provide immediate intervention and safety planning to assist young persons, families/caretakers and other youth-serving entities in de-escalating/ stabilizing behaviors, emotional symptoms and/or dynamics impacting the young person's life functioning ability.
2. Provide timely community-based interventions, skill building and resource development. This will include culturally informed and appropriate treatment designed to mitigate risk and increase safety. These services will be delivered in the home, school, and community, and are responsive to youth and family needs.
3. Provides on-site community-based interventions at a minimum of several times each week, at times convenient to the family and consistent with the MRSS plan, including interventions focused on behavior management, family communication, and the development and enhancement of family skills and resources. Services are intensive and time-limited, generally lasting no more than 6 weeks without additional authorization.
4. Provides mobile stabilization services, including on-site services, to youth and families in acute distress upon self-referral or referral of medical, law enforcement, or social service personnel; and including follow-up contacts as necessary to stabilize the situation and direct the patient to needed services.
5. Effectively engage, assess, deliver, and plan for appropriate interventions to minimize risk, aid in stabilization of behaviors, and improve life functioning.
6. Prevent/reduce the need for care in a more restrictive settings, such as an inpatient psychiatric units or detention centers. Support the young person to remain in, or return to, their present living arrangement and function in school and community settings.
7. Improve caregiver's skills to manage behavior and prevent future crises. This will include facilitating the young person and caregiver's transition into identified supports, resources, and services: e.g., intensive care coordination utilizing high

fidelity wraparound; evidence-based and promising community-based treatment services; community-based supports; and natural resources.

8. Provide appropriate screening, early identification, complete CANS assessment related to risk and safety concerns that minimally include suicide risk, non-suicidal self-injury, abuse and neglect, exposure to violence and/or other types of trauma, human trafficking risk, fire setting, cyberbullying, substance use, risk of runaway, and other clinical presentations that pose an immediate risk or safety issue.
9. Include family members and informal supports in all aspects of the assessment, treatment and safety planning, and treatment process towards the achievement of family defined goals.
10. Establish transition plan with youth and family through stabilization and transition phase to link them with existing providers and supports, or facilitate linkage and transfer to appropriate level of services and supports
11. Monitors patient and family treatment compliance and coordinates service delivery among providers both within and outside of the agency with special attention to school, court, and children's services personnel.
12. Encourages patient compliance with psychotropic medication, when prescribed, and keeps the prescribing psychiatrist informed of any compliance difficulties.
13. Consults with patient's family and/or other caretakers as appropriate in identifying needs; provides education to family members and/or caretakers others regarding the particular manifestations of the patient's mental illness and shares information about recommended family interventions and community supports
14. Facilitates access to transportation for patients who need such assistance in order to access necessary care.
15. Establishes and maintains effective and cooperative relationships with other community agencies and professionals who serve a similar population.
16. Completes necessary documentation of services provided, in accordance with Quality Assurance standards and within the required time frames.
17. Collects required outcomes assessment data on assigned patients, consistent with the required time frames, and documents the use of collected information in treatment planning and evaluation
18. Assists office finance and clerical staff in the collection of necessary documentation of patient eligibility for Medicaid, or other benefits and in collecting other required demographic and patient related information.
19. Obtains and maintains CANS certification.

20. Maintains professional licensure and keeps up to date with required organizational trainings.
21. Attends and participates in staff meetings, unit meetings and supervisory sessions, as required, and in other committees, quality improvement teams and task forces, as assigned.
22. Works cooperatively with other program staff to assure success in family goals and in achieving annual program goals and objectives, including providing back-up to other staff, as needed.
23. Provides, at a minimum, the expected level of billable services assigned to his/her specific position.
24. Abides by corporate policies and procedures, with special attention to the Policy on Patient Rights, the Confidentiality Policy, the Counseling Center's Code of Ethics and the Code of Ethics of his/her particular profession.
25. Completes other duties, as assigned or as required for effective and efficient operation.

#### SUPERVISORY RESPONSIBILITIES:

1. Independently licensed staff may provide clinical training supervision to other organization staff, as assigned.

#### WORKING CONDITIONS:

1. Position is essentially community-based with an emphasis on on-site care, although office time is required for paperwork and documentation.
2. Position requires a variable and flexible schedule - responsive to the needs of the caseload.
3. Position requires business-related driving using either agency vehicles or personal vehicles, including the transport of other persons.
4. Position requires exposure to difficult or resistant individuals including some with hallucinations, delusions, and/or self-injurious or acting out behavior.

CLINICAL SUPERVISOR: a) For non-independently licensed staff - LISW-S or LPCC -S, as assigned  
b) For independently licensed staff - none required.

ADMINISTRATIVE SUPERVISOR: MRSS Supervisor