

The Counseling Center of
Wayne & Holmes Counties
2285 Benden Drive
Wooster, OH 44691

CENTER UPDATE

SEPT, 2015

CARF Survey Held in August



Since 1997, every three years the Center invites CARF (formerly the Commission for Accreditation of Rehabilitation Facilities) to survey our programs and services. CARF is an international private not-for-profit organization whose mission is to “promote quality, value, and optimal outcomes of services through a consultative accreditation process and continuous improvement services that center on enhancing the lives of persons served.” While the Ohio Department of Mental Health formerly conducted agency certification surveys, the Department now grants “deemed status” to agencies accredited by one of the major accreditation organizations, including CARF. August, 2015 marked the seventh CARF survey for The Counseling Center. Four surveyors visited the Center for three days and reviewed over 2000 standards. While we will not know the final results of the survey until sometime in October, the Center was commended by the survey team during the exit interview for providing services to the community for over 60 years, our commitment to “staying true to the organization’s mission,” staff accomplishments and expertise, the organization’s management and governance, and the

National Suicide Prevention Week

National Suicide Prevention Week is observed September 6-13, 2015. While there is no single cause of suicide, it most often occurs when stressors exceed coping abilities of someone suffering from a mental health condition. Depression is the most common condition associated with suicide, and it is often undiagnosed and untreated. Most people who actively manage their mental health conditions lead fulfilling lives. If left untreated, the risk for suicide is increased.

Holmes County Parenting Programs

The Counseling Center is sponsoring a series of two parenting programs in Holmes County for the parents of preschoolers. *Incredible Years* is a program involving videos and role plays, helping parents enjoy play and interaction as a foundation that makes discipline work better. *Active Parenting* is a curriculum that helps parents guide children by offering choices within limits. Both are housed at the Millersburg location of Head Start, but any families are welcome to participate. Dates are still being determined, but *Incredible Years* is expected to start in early October, and *Active Parenting* will run in the late winter. Volunteer support to help with meals and child care would be welcome.

For more information on registering, contact Jim Foley, jfoley@ccwhc.org at (330) 264-9029 x1173.

For more information on these programs, visit:

<http://incredibleyears.com/about/>

<http://www.activeparenting.com/parents>

Phone: (330) 264-9029 • Fax: (330) 263-7251

Check out our website at: www.ccwhc.org

The Counseling Center is supported by the Mental Health & Recovery Board, United Way, insurance, grants and patient fees